

Chapter 01 Main Idea

Practice

1. In a group of experiments, scientists Paul Johnson and Paul Kenny studied the effects of feeding junk food to rats. They fed the rats food such as cheesecake and ice cream. The rats put on weight and became addicted to the unhealthy diet. When they were given healthier foods, the rats refused to eat. Instead, they chose not to eat at all. "They actually died from not eating," Kenny said.

What would be the best headline for the article?

- (A) Scientists Use Rats for Study
- (B) Eating Junk Food Is Unhealthy
- (C) Rats Show Addiction to Junk Food
- (D) Unhealthy Food Given to Dying Rats

2. Now, all fast-food chains are required to put calorie information on their menus. The government hopes that the new law will help people make better eating choices. "People need to know this information." said health expert Martha Cross. "Some people don't realize how many calories are in certain foods." She says that some people might not get a Big Mac if they know it has almost 600 calories.

What would be the most suitable headline for the article?

- (A) People are Eating Better than Ever
- (B) Experts Say Fast Food is Unhealthy
- (C) Fast-Food Menus Now Show Calories
- (D) New Law Gets Rid of Certain Fast Food

3. The freezing rain from an ice storm covers everything with heavy ice. Roads and sidewalks become very slippery. Drivers lose control of their cars and crash. People outside often slip and fall. In addition, tree branches can break from the weight of ice. They fall and hit cars and people. Power lines and water pipes can also break and leave people without heat or hot water. People may freeze to death in their homes.